



# CEC at RB

A Fitness Center for the Mind

October 2009

Continuing Education Center at Rancho Bernardo  
Post Office Box 28099, San Diego, CA 92198-0099 ~ Phone (858) 487-0464  
www.cecrb.org

## Meet our Instructors . . .

### Dr. Sandra Wawrytko



Dr. Wawrytko is a member of the Philosophy Department at San Diego State University where she teaches Asian Philosophy with an emphasis on Daoism and Buddhism. She received her B.A. at Knox College and her M.A. and Ph.D. at Washington University, St. Louis.

### Dr. Mario Garrett



Chair of the Gerontology Department at San Diego State University. Dr. Garrett was born and raised on the Island of Malta and he migrated to England for his higher education. His Bachelors of Science in Psychology (with Honors) was awarded by the University of East London, and he earned his Ph.D. in Psychology from Bath University.

**Bonnie and Clyde  
at The La Jolla Playhouse  
Saturday, November 14, 2009  
See insert for details**

### We Need You!

CEC is run by volunteers like you. We need assistance with the operation of our audio/visual equipment for our lectures. We are also looking for someone to assist in the office for 3 to 4 hours, one day a week. If you, or someone you know can help, please call our First Vice President, Bev McNamee at (858) 613-1332.

## From the President . . .

### Practice Makes Perfect

Some of you in casual conversations during a break in a lecture have referred to a professor as a “genius” because of the volume of information he or she has and the expert way in which it is delivered to the audience. In a recent article “Examining Genius in the Modern World”, the author, David Brooks, says that the latest research suggests the key factor is not I.Q. or a lucky accident of birth which separates genius from the merely accomplished, but deliberate study and lots of practice. As a very young child Mozart had put in his 10,000 hours of practice. The same is true for Tiger Woods. Both men had important mentors too, their fathers.



Wouldn't it be interesting to know more about these highly educated professors who generously share their work with us? What were these people like as children? How did their intense interests develop? Did they, too, have mentors who played important roles in their lives? What fueled their desire to achieve? These questions can be asked, too, of many of our members.

*Phyllis Healy*

**Did you remember to send in your membership dues for the 2009-2010 Academic Year which began for all members on July 1? If you have overlooked this, please take care of it now so that we can continue mailing the Newsletter to you next month!**

## October Lectures—All are at the Remington Club, Phase II

### CHINA: A Superpower in Search of an Identity

#109 Thursday, Oct. 1 ~ 1:30 p.m. to 3:30 p.m.



The global economic meltdown has brought increased attention to China's potential role as a "solvency savior". As Americans spend less, many economists are urging China to spend more. Underlying these short-term considerations lie the questions of Chinese nationalism and self-identity. How is the Communist government re-packaging itself as a key player in world politics?

**Instructor:** Dr. Sandra Wawrytko (see page 1). A previous lecture by Dr. Wawrytko at CEC was *The Passing of the Torch of Tradition*.

### The Public Theater in Shakespeare's Time

#110 Tuesday, Oct. 6 ~ 10:00 a.m. to noon



The public theater in Shakespeare's day was a "growth industry." It was possible with little or no money to start as an apprentice actor and rise like Shakespeare did, to own part of a theatrical company. This overview begins in London with the physical stage, audience, costumes and actors. We will also visit Shakespeare's rival playwrights of the era: Christopher Marlowe, Ben Jonson, and John Webster.

**Instructor:** Dr. Cathy Blecki received a Ph.D. from UCLA, specializing in 17th Century Literature. Dr. Blecki has spent 35 years teaching courses in English Literature from 16th and 17th centuries, including many courses on Shakespeare.

### International Effort to Limit CO2 in the Atmosphere

#111 Wednesday, Oct. 7 ~ 1:30 p.m. to 3:30 p.m.

Is global warming caused by Carbon Dioxide (CO2)? The International Conference on Global Warming in Copenhagen has concluded that the maximum concentration of CO2 for humans and a wide variety of other life forms is 350 PPM (parts per million). The problem we are facing is that presently we are at 390 PPM. October 24 has been designated as the International Day of Climate Action to communicate to citizens groups throughout the world.

**Instructor:** Dr. James Stewart has previously presented lectures based on Jared Diamond's books, *Guns, Germs and Steel* and *Collapse: How Societies Choose to Fail or Succeed*.

### Islamic Terrorism, Motivation & Trajectory

#112 Thursday, Oct. 8 ~ 1:30 p.m. to 3:30 p.m.



Osama bin Laden will be the example but by no means the only vehicle propelling the continuance of Islamic terrorism. A review of origins and history of Islam will be presented along with a longer discussion of the Muslim world since 1920. Islamic terrorism will be framed by political and religious interpretations.

**Instructor:** Col. David Epstein, Ph.D. has served in Vietnam focusing on anti-terrorist operations. Col. Epstein was Chief of the Training Division, Office of Anti Terrorism Assistance for the U.S. Department of State for 13 years.

### Obama ~ The First Year

#113 Tuesday, Oct. 13 ~ 10:00 a.m. to noon



Few first term presidents arrived with the expectations of Obama. The economy, health care proposals and Afghanistan created a re-evaluation of his ability to lead and govern. Dr. Luna will address the issues, the expectations and the realities of the first seven months.

**Instructor:** Dr. Carl Luna received his Ph.D. from the American University, Washington D.C. and his B.A. in Political Science, History and Philosophy from the University of San Diego.

### Frank Lloyd Wright ~ The Architecture of Desire

#114A Wednesday, Oct. 14, 1:30 p.m. to 3:30 p.m.

#114B Wednesday, Oct. 28, 1:30 p.m. to 3:30 p.m.



Frank Lloyd Wright (1867-1959) won lasting fame as an architect. He was revolutionary and his influence on engineers and builders is immeasurable. His private life was a public spectacle, yet he overcame personal tragedy. Everything about Wright is larger than life, including the contradictions he embodied. His search for God was not to escape from reality, but an attempt to create natural harmony and logical order out of the chaos of human society.

**Instructor:** Dr. Dennis Rohatyn received his Ph.D. from Fordham University. He has served as Professor of Philosophy, University of San Diego since 1977. He has lectured at CEC each quarter since 2001.

### Radical, Religious & Violent

#115 Thursday, Oct. 15 ~ 1:30 p.m. to 3:30 p.m.

How do radical religious sects run such deadly terrorist organizations? Hezbollah, Hamas, Lashkar-e-Taiba, and the Taliban all began as religious groups dedicated to piety and charity. Yet once they turned to violence, they became horribly potent, executing campaigns of terrorism deadlier than those of their secular rivals. Drawing on parallel research on radical Jews, Christians, and Muslims, Dr. Berman shows that the most lethal terrorist groups have a common characteristic; their leaders have found a way to control defection.

**Instructor:** Dr. Eli Berman is Research Director for International Security Studies at the Institute on Global Conflict and Cooperation and an Associate Professor of Economics at UC San Diego.

(Continued on Page 3)

# October Lectures—All are at the Remington Club, Phase II

## Biblical Wives

#116 Tuesday, Oct. 20, 10:00 a.m. to 12:00 noon



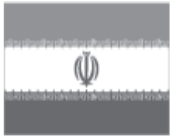
First part: Dramatic reading by the author of the mythical story of Aluma, wife of Cain.

Second part: In the original Biblical story, there are three characters: God, Cain, and Abel. Who was to blame for the first murder? Would Cain be charged with "second degree murder with extenuating circumstances" if this event occurred today? Please join Toby Dorfman for this participatory program.

**Instructor:** Toby Dorfman is a secular, humanistic, agnostic, atheistic, Bible loving American Jew and is a retired leader of the Humanistic Jewish Congregation of San Diego.

## Iran; US Policy in the Obama Era

#117 Wednesday Oct. 21 ~ 1:30 p.m. to 3:30 p.m.



Iran is a nation with 2500 years history with proud and educated people seeking mutual respect, proper place in the world area and influence in the region. While the Bush administration was preoccupied in the fiasco of Iraq, Iran proceeded with a uranium enrichment program, influencing events in Iraq through its allies and support of proxies in the region unchecked. What should the US policy toward Iran be under the Obama administration? Is there such a thing as "smart sanctions" to persuade the Iranian leadership to suspend uranium enrichment?

**Instructor:** Dr. Farouk AL-Nasser holds a Ph.D. in Electrical Engineering from the University of Denver. He is the President of the San Diego World Affairs Council.

## The High Cost of Dying

#118 Thursday, Oct. 22 ~ 1:30 p.m. to 3:30 p.m.

Can we afford to die? We now die less from infections and more from long-term (chronic) diseases. By 2007, total spending on health care in the US was \$2.3 trillion or 16% of the GDP (gross domestic product). Nearly 46.6 million Americans remain uninsured.

**Instructor:** Dr. Mario Garrett (see page 1). Aside from the many positions he has held, he also has volunteered his time to the CEC, lecturing on *An Aging World*.

## San Diego Architecture

#120 Thursday, Oct. 29 ~ 1:30 p.m. to 3:30 p.m.



San Diego's architectural history contains numerous examples of buildings from the 19th and 20th centuries, both public and private.

This lecture will wind its way through the city's neighborhoods to explore various architectural styles and eras. Join us as we trace this San Diego history.

**Instructor:** Monica Jovanovich is a Ph.D. Candidate in Art History, Theory and Criticism at the University of California, San Diego and she holds a B.A. in art history from the University of Redlands. Monica teaches the History of Modern Art, Contemporary Art and American Art at San Diego State University and Point Loma Nazarene University.

**The CEC CD Foundation Fund has been set up to help secure the future of the CEC-RB.**

Please register for classes by mail or in our office.

Fill in Class numbers on the registration form inserted in this newsletter.

If you are unable to pre-register, please come to class at least 15 minutes early to avoid a delay and bring the exact amount of cash or a check. Thank you.

### Course Fees:

CEC Members \$5 Per Session.

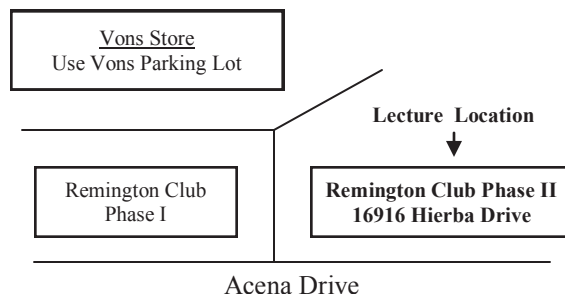
Nonmembers \$7 Per Session.

Remington Club Residents - No Fee.

Parking in the circle in front of the Remington Club II is limited and reserved for the Remington resident's guests and family members.

If you wish to have a drink during CEC events, please bring a bottle of water.

Map to the Remington Club. Call (858) 487-0464 for directions.



## Listing of November 2009 Lectures

<u>Number</u>	<u>Date</u>	<u>Day</u>	<u>Title</u>	<u>Instructor</u>
121	Tues.	Nov. 03	“Hattie Elizabeth Turner, her account of Gettysburg” In Character	Annette Hubbell
122	Wed.	Nov. 04	Religious Dialog	Toby Dorfman/Cy Chadley set
123	Thur.	Nov..05	San Diego Opera	Nick Reveles, Ph.D.
124	Tues.	Nov. 10	Religious Dialog	Pat Boni/Cy Chadley set
125	Wed.	Nov. 11	Premier Performance! ~ “ <i>Fresh Piano</i> ”	Peter Gach
126	Thur.	Nov. 12	American Indian Culture & 14th Amendment	Bryan Wildenthal
127	Tues.	Nov. 17	Golden Age of Islam	Irving Alan Sparks, Ph.D.
128	Wed.	Nov. 18	Sleep, Beauty Rest ~ How Age Impacts Sleep	Liat Ayalon, Ph.D.
129	Thur.	Nov. 19	Mexican Drug Cartel & Immigration Issues	Octavio Rodriguez

Tuesday lectures: 10:00 a.m. to 12:00 noon. Wednesday and Thursday lectures: 1:30 p.m. to 3:30 p.m.

### January ~ February, 2010 Escorted Trips

<u>Class #</u>	<u>Date</u>	<u>Deadline</u>	<u>Event</u>
503	Jan. 24	Jan. 4	Itzhak Perlman ~ Special recital at Copley Symphony Hall ~ <b>One Performance Only</b>
504	Feb. 19	Jan. 22	Joshua Bell, Violinist in recital at Copley Symphony Hall ~ <b>One Performance Only</b>

Please call (858) 487-0464 if you need information.

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 A nonprofit, (501(c)(3)  
 organization.

**Who won lasting fame as an Architect but  
 suffered out in Class 114A, Wednesday,  
 October 14 at 1:30 p.m. (Part 1 of 2)**

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